

Ihlj ; af6 kJ fx ul/Psf] ; Jf, ; Ij wf, Ij sf; Igdfif, ; Zf; g tyf
kf/blz{fsf]nflu

; fJ hIgs ; gj f0{sfoqnd

@(knfug @)&

Iqk'lj / uflj ; j 8f g=*, nkfa knfL wflb^a

kltj fg

; ~rfng, ; dgjo

gkfn kqsf/ dxf; 3
lhNnf zfvf,
wflb^a

cfohs

; fJ hIgs ; gj f0{sfoqnd,
lhNnf Ij sf; ; ldlt,
wflb^a

; fj һlgs ; bj f0 kltj һg

IhNnf lj sf; ; ldlt; ; fj һlgs ; bj f0{sf0hn, wlb^a

**:yfg / ldlt Mlqk'lj / uflj ; j 8f g=* , nkfa kntdf, @)& krujg @ ut]
-sf0nd ul/Psf]; dofjw -306f÷ldgj M# 306f !% ldgj**

kltj һg ktt ul/Psf]j if{/ dlxgf M@)& ; fn krujg @ ut]

; fj һlgs ; bj f0 ; xhstf{÷6fhljs]gfd M; bzg vltj 8f

!= k[7eld M

**lg/Gt/tfsf] ; tsxfaf6 dfq :j tGqtfsf] dNo klt ug{ ; lsG5 . /fhglts kl/j tg /ftf/ft eP klg
; f:s[t s kl/j tgdfkm /fhglts kl/j tg ; yfut xg nfdf] ; do nflg ; S5 . hgtf ; r ge0\$g zf; sx?
hgpQ/bfol xg ; Sbgg\ o; y{ ; Jufxl gful/sx?nf0{kefj kl//x\$]jf kefj kfg{; Sg]laifoj :thf0{s]gbt agf0{
; f\$ /fVg]gful/sx? / clwsf/ klt JolQm?alr ; feif ; denbf/l sfod u/l ; wf/ ug{Jojl:yt ?kdf hgd~r jf
; fj һlgs ; jfb jf ; fj һlgs a]s ; ~rfng ug{k]qmf g}; fj һlgs ; bj f0{xf]. cem :ki6 zAbdf eGkb{; fj һlgs
; bj f0 eGfn] ; f\$ /f fm ; j { fw/0f gful/s / clwsf/df a; \$f :yfglo lgsfost kbflwsf/lx?j lr ; fj һlgs
rf; f\$]lj ifodf ; fj һlgs ynf]f vhf 5nk m ug{k]qmf xf].**

**; /sf/sf]dVo bfol]j dWb]gful/snfo{; xh ?kdf ; Jf ; lj wf k]fx ug{k]g xf]. To; h]; /sf/ gful/sd]x
xgk5{cyff hgtf; E k]ofl hgpQ/bfol xgk5{. nf\$ tflcqs zf; g Joj :yfsf]uxgf g}hgtfklt pQ/bfol ; /sf/ xf]
. o; sf]nflu x/\$; /sf/l lgsfox?n]; s] Dd cfkmh]k]fx u/\$f]; Jfsf]; ldlf ug{; fj һlgs ; bj f0{ug{h?/l 5.**

**p2]ok/s 9uf6 Jojl:yt ?kdf ; ~rfng ePsf]; fj һlgs ; bj f0h]; DalGwt lgsfo, JolQm gful/s ; dfh,
; Jufxl ; a]f0{; s/fds ; Gb] lbo{dgf]n j [4 ug{; xof] k]ofpB / o; af6 ; dfhdf ; zf; gsf]; :sf/ :yfgf
ug{d2t ub5 . ; fj һlgs ; bj f0\$]cEof; af6 ; fj һlgs If]df sfo{t /fi6]sx?sf]lg0f6 k]qmfdf kf/blz]f /
sfo{ Dkfbgklt sf] h]fkm]xtfnf0{j [4 ug{ ; d] ; fj һlgs ; bj f0{ ; Jufxlx?sf] wf/0ff / ug{; fx?, clwsf/s
JolQm?af6 lj rf/ / wf/0ff ; feif ; denbf/l tyf kltta4tf sfod ug{\$f nflu ; xof] k]ofpB .**

**; fj һlgs ; bj f0{sf0nd ; ~rfng ug{lhNnfdf lhlj ; dftxtdf Pp6f sfohn /x\$]f]5 . sf0ndf lhlj ; sf
ofhgf, cgludg tyf k]f; slo clwsf hgs/fh zdf\$]f]; ehsTj df ^ ; b:olo sfohn u7g u/\$f]5 .**

@ p2]o M

- IhNnf lj sf; ; ldlt df hgtfx?sf]kxFsf]cj :yfsf]yfx kfp].
- IhNnf lj sf; ; ldlt sf]sfoffoaf6 k]fx ul/Psf ; Jf tyf ; lj wfx?sf]af/df
hgcedt ; sng ug{.
- gful/s a8fkqsf]sfoffj ogsf]cj :yf af/df hfgsf/l Ing].
- Ihlj ; sf sf sfo{fxlx?nf0{cem kf/bzl{/ hgdvl agfgsf]nflu ; emfj k] ug{.

#= sf0ndsf]ldlt / :yfg M

; fj һlgs ; bj f0{sf0nd ldlt @)&÷!!÷@(ut]lqk'lj / uflj ; j 8f g=* nkfa kntdf ; ~rfng ul/of].

\$= ; ᄑgf M

; fj ᄑlgs ; gj f0{ sfogmdsf] ; fj ᄑlgs ; ᄑgf :yfglo /|8of] :6zgx? /|8of] laxfgl, /|8of] wflb^a, /|8of] nf\$ tGq / /|8of] s[ifaf6 k| f/0f ul/Psf]lyof]eg]:yfglo kqklqsfx?df ; fj ᄑlgs ; ᄑgf k\$ fzg ul/Psf]lyof]. ; fy} dxfb]:yfg uflj ; / o; sf cf; kf; sf uflj ; x?, /fhglts bnsf lhNnf sfoffho / :yfglo k|t lglwx?, pkefQif ; dxx?, gful/s ; dfh, u}; /sf/l ; :yfx? / lqmfzln ; Dk0f{ ; -rf/sdlx?nf0{ kqfrf/ u/l sfogmdsf] hfgsf/l u/f0Psf]lyof].

-kqfrf/sf]Joxfjf cg'; lrdf ; dfj ≠ 5.

%= k} { ᄑgf ; sng M

; fj ᄑlgs ; gj f0{ sfogmd ; -rfng ug{lhNnf lj sf; ; ldltm]kj{tof/l ; d} u/\$f]lyof]. lj utdf ePsf ; fj ᄑlgs ; gj f0\$]k|ta4tf / sfog]ogs]cj :yf ; fj ᄑlgs ; gj f0df p7g; Sg]laifox? / To; sf]sfog]ogs]cj :yf cflb laifox?df kj{; ᄑgf ; sng u/\$f]lyof]eg]kēfj sf/l ?kdf ; fj ᄑlgs ; gj f0{ sfogmd ; -rfng ug{ k6s-k6s; Dd ; fj ᄑlgs ; gj f0{lhNnf sfobnsf]cf]krfl/s cgf]krfl/s a}sx? al; Psf]lyof].

^= sfogmdf ; xeflutf M

sfogmddf lhNnfsf lj leGg ; /sf/l sfobnsf k\$V Pj d\k|t lglwx? nufot lgDgfg'; f/sf JolQm JolQmTj x? / :yfglo ;] fuflx? ; d} u/l 8} ; o eGbf a9lsf]; xeflutf lyof].

; -rfns M; bzg vltj 8f ; lrj , g]fn kqsf/ dxf; 3 lhNnf zfvf wflb^a

; efklt M k?iffDd Id> -; lrj tyf c\blf, lqk'zj / uflj ; -

k\$V cltly M bks/fh g]fn-k\$V lhNnbf clwsf/l

lj z]f cltly M/dz Gof]fg]:yfglo lj sf; clwsf/l

cltly M eQmaxfb/ nfdf -; lrj -g]fnl sfE] -

cltly M zeaxfb/ yfkf -pk; lrj -g\$kf Pdfn]

cltly M/fdaxfb/ e08f/l -PsIs] g\$kf dfcf] fbl_

cltly M/fh]b]kGt -g\$kf-dfcf] fbl_

cltly M lgd]bzg cfrfo{-k\$V lhNnf 0]-hllgo/_

cltly M dg lu/l-0lhlggo/

cltly M k| fb yknlof-lhlj ; ; ᄑgf zfvf

cltly M/fdk\$/ zfx 0lhlggo/ l; ff0{

cltly M u0fz 1fj nl-dfkf\$ uflj ; ; lrj

cltly M pks clwsf/l-; Nofgsf uflj ; ; lrj

cltly M 7fs/ l; v8f-u]bl uflj ; ; lrj

cltly M gj /fh 5tshl-c\blf, g]fn kqsf/ dxf; 3 lhNnf zfvf wflb^a

cltly M/fhf/fd zdf{:6}g dgh/ /l8of]wflb^a
:yfglo j# cd/axfb/ clwsf/laf6 kihdfnf kbfg
ofhgfx?af/]hfgsf/l xl/ yklnof lhlj ; wflb^a
wflb^a] l, ; f5fif, ltikn^a ; 8s- bfvffsf sfidxg].

% ; **Hgsf, hfgsf/l, tYofsssf] lj ZnJor M** ; fj hlg^s ; gj f0\$^f ; xefulx?n] :yfglo lgsfodf
/fhglts ; e6qsf]dgkl/t6q / ; sf/l sd\$^f/lsf] u]hDd]f/kgn]s; /l :yfglo lj sf; kllqmo^f
k\$flj t 5 e6g] :ki6 kf/\$f 5g\ . ; fj hlg^s ; gj f0\$^f ; xeful nllft j u\$^f k|tlglw / c6o
; xefulx?sf] k7g, ; enfj / cfnf]gf cfqrids b]v6of]eg]/fhglts bnsf k|tlglw / uflj ;
; lrj x?sf]hj fkm/lfflds b]v6of]. o; n]hgtfklt k\$olf hj fkmb]l lgsfost]cefj df :yfglo
:t/df xlsPsf]lj s[t lj ; u]tnf0{; \$] u/\$f]e6g ; ls65 . lj sf; sf]lgd]t ofhgf a6g'cfj Zos
5, ah6 566f0g' cfj Zos t 565 . t/ o; sf]sfoffj og / cgludgsf] klfnf0{ klg TolQs}
kfyldstf lbg' cfj Zos 5 . o; sf ; fy}; ~rf/ dflbd / c6o lgsfox?n]; fj hlg^s ; gj f0\$^f
dflodaf6 lgoldt lgu/fgl ug{cfj Zos 5 .

% ; **if jf sfoffdmsf] ; an klf, r6fjt, sfoffj ogdf b]vPsf ; d:of / ; Da6g ug{lngkg] 0fjut M**

; /sf/n]cfk6yf]glit tyf sfoffdmsf] /flosf]dh k]fxaf6 afly/ /x\$^f ; dbfonf0{; z0ms/0f
ug{ljl le6g glit tyf sfoffdmsf] ; ~rfng ul//x\$^f]x65 . t/ o; sf]sfoffj og, cgludg tyf
dNofsssf]klf Hofb)lkmtnf]/ sdhf] x6]u/\$f]5 . :yfglo lgsfost]ah6df klg lj e6sf lj le6g
:j?kx? p6dhgsf nflu nllft j u{sfoffdmsf] ; ~rfng ul/Psf]5 . o; n]sltko ; Gbe6f nllft
j u6f0{; zlQms/0f ub]f/flosf]dh k]fxdf Nofpg eldsf klg vjh\$]5 . t/ dhtM of]sfoffdmsf]
b?kof] g}e0/x\$^f]kf065 . sltko ; Gbe6f nllft j u\$]ah6nf0{; 8s v6g, vfg]fgl nufotsf
ofhgfdf nufP/ o; sf pknlaw nllft j u6] klg kf0x65g\ e6g] xNsf hj fkm ; /f\$]f/j fnf
lhDd]f/x?n]lbg]u/\$f]kf065 .

ol ; Dk0f{; d:of / r6fjt x?sf]lb3\$fnlg ; dfwfgsf]nflu nllft j u6f0{lzlff / ; r6fj gf, :yfglo
lgsfost]lgj ff, kf/blzff / pQ/bfotj sf]lj sf; ; zf; g, b08 / k:/sf/sf]joj :yf nufotnf0{
b6tfkj \$ nfu"ugkb6 .

:jfut sfoffd M

xl/ yklnof, lhllnf lj sf; ; ldlt wflb^a :jfut Pj + fj hlg^s ; gj f0{sfoffdmsf]p27odfly k\$]fz .

**:jfut d6tjo tyf sfoffdmsf] c6fj To kli6 kl5 ; fj hlg^s ; gj f0{sfoffdmsf] ; xhls/0fsf] nflu
sfoffd ; b:0 tyf g6fn kqsf/ dxf; 3sf ; lrj ; bz6 vltj 8faf6 sfoffdmsf] ; ~rfng ; xhls/0f**

ug]sf eof]. o; **g**lf fn kqsf/ dxf; 3 wflb^asf sfo{; ldlit ; b:o /fhf/fd zdfh]; f j hlg s ; b j f0{ Joj l:yt / doffbt ?kdf ; ~rfng ug{ ; f j hlg s ; b j f0{ lhlnf sf0nn] tof/ u/\$f] cfrf/; ktf k|t t ug{eof]. -cfrf/; ktf sf] kof{ljj /0f, cg' lrfdf ; dfj z ul/Psf]5_ . To; kl5 ;]fufxla6 k|olf / hlj Gt ; j fn / h j fknsf]sfo{nd z? eof].

f j hlg s ; b j f0f p7\$ f dlo ; j fnx? / h j fknsf]; Dkfbt cz

lh1f; fx? M

Iqk'Zj / * an/fd clwsf/L M crgof/ vfgkfnl ; f sif Itlkna ; 8sn]vfgkfgl ofhgf eTsf0lbof]. vfgkfglsf]cfo ; f sif 5g . ePsf]; f sif]Joj :yfgk xbgk5.

rGaxfb/ clwsf/L dfkf\$ Pdhn]cwbif M wflb^a Itlkna ; 8sdf caff?kofF; lsof]af6f]sIxNo}/fd] xg ; s g ; w]; 8sdf lxgfdg eof]. :yfglo lgsfost]rbfj lsg xg ; Sbg < sdff/L ; eGqaf6 el6frf/ ePsf]5 . dfkf\$sf]; 8s psfnf]eof]lsg agf0b < a?j fn rftf/f\$]af6f]\$% nfv .

- dfkf\$sf]/fd] / lqk'Zj /sf]lj rdf emhEhhsf]cfj Zos . dfkf\$- #- ; lhf} # df klg emhEh rfluxof].

cDa/axfb/ clwsf/L M ; f sif Itlkna ; 87s lsg abg < af6f\$] sf/0f nkfa ahf/sf] vfgkfgl lj ufof].

kbdaxfb/ u? a= g\$ f ; efklit dfkf\$ M vfgkfglsf]:sld 56af]< lsg <

cgGtij qm dMn ; Nofgsf]- # M af6f]lkr ug{/fli6o cfotlghfdf kxn ug{of].

lj iof a= v8sf /fkf lhnif ; b:o M emfnf]sf]cfn'9j fgl ug{kgi] ; f sif Itlkna ; 8s /fd]xgkg]. crgof/sf]vfgkfgl dd{ ul/gkg].

; Gtnl I; v8f lqk'Zj / M hnhn]kjj #)-% hgf dfq lj Bfyk? lagsf]@ hgf lzifs /xG5g\ . zJfs cj :yf lj luof]. j fnj flnsf k9fpg sxfFnjhfg]<

/fhjb/k+kCt M ; hgf kfxf l9nf]eof]; f j hlg s ; b j f0sf].

/fdaxfb/ e08f/L M ; f j hlg s ; b j f0sf]dxij , ofhgfx? /fd] u ; ~rfng eP+ePgg\ahf kofkt eof]ePg, ofhgfx? tf]Ps]7fpf eP+ePgg\wflb^a-Itlkna ; s8df s/f8f]?kofFvr{e0; s]t/ af6f]lsg /fd]ePg < sfuh / lkn8df p:t]sfd b]vp t <

zDeSdf/ yfkf g\$skf Pdhn]pk; lrj M :yfglo lgsfodf lgj flrt hgkltlglw gxlf ; D:ofx? cf0/xsf 5g\ To; sf/0f :yfglo lgsfost]lgj ff g t lsf xbgk5{. ljsf; lgdf]sf]sfddp kkefDif ; ldlit, 7\$bf/df 0dfGbf/tf xbgk5{. sbklg sfddf l9nf; !tl xbg . ! g+/ @ g+0nfsf ul]7df :yfglosf]; xeflutfdf ; d:of 5 . efljns lj s6tn]aj, ejf, ufl7df cfpg ; Sbg g\ gu/l gxg] Sfdx? 0nfsf] ufl7df lj lw / klgmofdf 56kig ; Daig ul/gk5{. \$# k|tzt lj nfif sfd ug] 7\$bf/n]s:tf] sfd unifg < /fhglts kf6k? klg ; wfl/g' h?/l 5 . Pdhn]To; df ; r] 5 . wflb^asf]! g+lfq ; a}s/fdf lj s6 5 lk5l8Psf]5 . sfg, Pg, lgod, dfq geP/ joj xfl/stf klg xl/gkof].

eQmaxfb/ nfdf ; lrj, gkfnl sf] wflb^a l- af6f\$] ; d:of 5 . lj hhlsf] ; d:of 5 . lzifs

:j f:Yosf]; d:of 5 . ; a}; d:of ; dfwfg ug{; a\$]; xdlt / ; xsfo\$]cfj Zostf 5 .

/fdksf/ zfxM dfkf\$]l; rff0\$]ut j if{ Dd :6d} eP/ l efudf uPsf]5 . ca sfd x65 .

/d] Gof]fg] :yfglo ljsf; clwsf/l M 0ltxf; n] sfd ug{lhd]f/l sd{f/lnf0{ lbPsf] ePklg /fhgllts bnx?nf0{cl3 nufP/ ; xsfo\$] sfd ul//x\$] 5f] PSn}sfdf u/\$] 5g] 0nfsfn]5fg\$] ofhgfx?af6 dfq}hlj; n]ofhgf 5g] u5{ af6]gklu\$]blu] uflj ; x?nf0{566}ofhgfx? agf0G5 . Joj xfl/s s/fnf0{klg lbfg lb0G5 . b/l / elufhsf sf/0f w]}vrlrf]af6]xf]wflb^ -ltlkna ; 8s . TSTR df ^=& s/f] k]tfj ul/Psf]5 ./fli6o ofhgfx cfof] nufot c]o ; xof]l lgsfox? vflhPsf] 5 . k]o\$ ofhgfd k]lj lws ; u]/fVg ; Dej 5g] . sfd ug] 0dfbf/ eP ; dfwfg cfkm]x65 . crg]f/ vfgkfglsfnflu t?gt}k]lj lwsx? k7fP/ ; e[:6d} ug{nuf0g] . lzlf sfof]ho dfkm] hhn]k]lj sf]; d:of ; dfwfg ug{kxn ug]. xfd]lj sf; sf nflu k} f-/sd dfq}7hf]s/f xf]g . sfd ug]OR5f zlQm ; a\$]; xsfo{/ /fd] ofhgfx agfpg ; Sgk5{.

lbks/fh g]fn k]lv lhNnf clwsf/l M lhlj; n]k]t t u/\$] ofhgfx?dfly lsg 5nk]n ePgg\ s] ; a]ofhgfx? /fd] ePsf 5g]t < ofhgfx?df u8a8 ePsf eP lhNnf k]f; gdf lsg glbPsf]< ph/l lbP 5fg]j g ul/g]

& Igisif/ cfufdl sfoqmdf k]fj sf/tf Nofpgsf nflu ; emam

:yfglo lgsfosf] lgj ff g gePsf] w]} ; do e0; Sof]. clxn] :yfglo ; Qf ; /sf/l sd{f/lx?sf] xftdf 5 . a9nf] /fhgllts ; qmd0fsfnn] ubf{ /fhgllts ; e6qaf6 ; Dkflbt sfdfx?df klg kof]t zsf ug]kg] cfwf/x? hlGdPsf 5g]. oxl ; Gbe]f nllft ju{ sfoqmd tyf ah]sf] k]fj sf/l sfof]jogdf pNn]yo ; d:ofx? b]vPsf 5g] nllft ju]f ; r]gfsf]sdl xg]/ ; /f]f/j fnf lgsfo / lhDd]f/ JolQm?sf] u]lhDd]f/ sfoqmdsf] sf/0f of] sfoqmdn] ck]lft pkn]Aw xfl; n ug{ g; ls/x\$]f kf0G5 . To; df klg nllft ju]f s]l cu]fx?n]Jofks ?kdf of] sfoqmdsf] b?kof] u/\$]f klg b]vG5 . ofhgfx 5g]sf] k]qmfdf hgtfsf]cy]0f{ ; xeflutf l]lwdf ; lglZrt ug{vflh] klg Joj xf/df nfu"ePsf]kf0Pg .

o; /l x]f{ t]sfm :yfglo lgsfosf] lgj ff g ub]hgk]t]lg]wx?sf]Joj :yf ug]kg]b]vG5 . o; sf ; fy} ; /sf/l ah]sf] k]fj sf/l / kf/bzl{ sfof]jogsf] nflu ; DalGwt ; a}k]fn]Wofg lbg h?/l 5 . nllft ju]f lzlf / ; r]gfsf] nflu klg ; /sf/n] l]z]f sfoqmd Nofpg h?/l b]vG5 . ; a} lgsfox?df Jofkt e]frf/ :yfglo lgsfodf klg 5 . hg; xeflutfdf cfwfl/t l]sf; k]qmfdf0{ cufl8 a9fp}buf]lj sf; nf0{k]o lbg'cfj Zos 5 .

Igisif{M ; fj h]lgs ; gj f0{sfoqmd ; }fufxl hgtf k]olf ; xeful xg] cfk]thf0{k/]f c]7af/f ; lhn}/fVg ; Sg] ; fy} ;]fk]fpos ; yfn]sfof]hosf] ; sf/flds k]f / l]utdf ePsf sdl sdhf]lx?sf] ; l]lft ub]cfufdl lbgdf hgtfnf0{k]f]f ug{ ; }f cem a9l ; j { he / kf/bzl{ 9uf6 ; ~rfng ug{dfu]gb]xg; Sg] ePsf] ; fj h]lgs ; gj f0{sfoqmd c]t g}dx]j k]f{5 . k]kt ; j fnx?nf0{ ; emf]sf] ?kdf sfof]hon]u]f ug{sfof]hosf]k]ta4tf c]t g} ; x]glo ePsf] ; f]cg]f/ u]f u/l sfoqmd sfof]jogdf sfof]ho rgfvf]e0{cem lhDd]f/lkj] \$ sfo{ug]kg] / lgoldt ?kdf ; fj h]lgs ; gj f0{sfoqmd ug{sfof]hosf]k]ta4tf cg]f/ sfo{x]kg]b]vG5 .

- Igisifhfo{; Æmfj sf]?kdf lgðgfg' f/ k}t't ul/G5 .
- glitsf cfwf/df lhlj ; n]; Jf kj fx ugkg].
 - ; Jf kj fxnf0{; a\$fl]; j { he kxEdf klofpgkg].
 - ; fj hlg s ; bj foðf6 cfPsf ; Æmfj x?nf0{sfoffj og ubfhfgkg].
 - lhlj ; n]kj fx ug]; Jf s:tf]ePsf]5 eg]; do ; dodf hfF ugkg].
 - kf/blzff cufng ; ~rf/ dfnbd dfknf Jofks ; hgf kj fx ugkg].
 - lhlj ; n]ug{sfdnf0{enfem6nf]agfpg gxg].

